



## Thanks for joining us for lunch!

Our restaurant unites all the elements we believe in:

local, responsible farming, ingredient-driven cooking and flavorful food.

Menus are inspired by what's in season and reflect our commitment to local farmers and producers.

We sincerely hope you enjoy your visit with us and a few of our **locally united** artisans below:

### Produce / Eggs

**Happy Boy Farms** Watsonville  
**Dirty Girl Farms** Santa Cruz  
**Gizdich Ranch** Watsonville  
**Full Belly Farms** Guinda  
**Glaum Ranch Eggs** Watsonville

### Dairy

**Laura Chenel** Sonoma  
**Marin French Cheese** Petaluma  
**Shaft Cheese Co.** Roseville  
**Fiscalini Cheese** Modesto  
**Straus Family Creamery** Petaluma

### Bakeries / Pasta

**Petite Pains Bakery** Burlingame  
**Melinda's GF Bakery** Capitola  
**Kelly Bakery** Santa Cruz  
**Saporito Pasta** Redwood City  
**Tortilla Factory** Santa Rosa

### Ranches / Fisheries / Hatcheries / Butchers

**Hobb's Meats** Richmond  
**Diestel Turkey** Sonora  
**Dittmer's** Mountain View

**Tomales Bay Oyster Co** Marshall  
**Snake River Farms** Boise,Id  
**Molinari Meats** San Francisco

**Mindful Meats** Marshall, Ca  
**Mary's Organic Chicken** Sanger  
**Aloha Seafood** San Francisco

## BREAKFAST SPECIALTIES

**Standard Fare** 2 eggs any style / Kelly bakery rustic bread / roasted potatoes 8.95 **add bacon** 3.95

**Mindful Meats Corned Beef Hash** 2 eggs any style (not poached) / rustic bread / hollandaise 14.95

## LARGE PLATE SALADS / SOUP

|                                   |      |                                       |      |
|-----------------------------------|------|---------------------------------------|------|
| <b>add: Mary's Chicken Breast</b> | 5.95 | <b>NZ Ora King Salmon</b>             | 9.95 |
| <b>Hobbs Applewood Bacon</b>      | 3.95 | <b>Grilled Copana Bay Gulf Prawns</b> | 7.95 |

**Harvest Salad** Bloomsdale Spinach / Gizdich Ranch apples / Pt Reyes Bleu / pear / citrus segments / candied pecans / crisp pancetta / warm maple-bacon vinaigrette 14.95

**Big Chop** butter lettuce / little gems / tomatoes / jicama / cucumbers / green goddess dressing 10.95

**Local Health Nut** strawberries / dried cranberries / HBF Kale / goat cheese / HBF cabbage / almonds / raw sunflower seeds / maple balsamic / citrus vinaigrette 14.95

**Roasted Local and Fresh Chioggia Beets** citrus / goat cheese / candied walnuts / arugula 14.95

**Kale - Romaine Caesar** torn bread garlic croutons / pecorino / eggless caesar dressing 10.95

**Happy Boy Farms Fresh Greens & Citrus** candied walnuts / mixed citrus / goat cheese 14.95

**Vegetarian Cobb** little gems / tomatoes / avocado / egg / shaft blue cheese / shallot vinaigrette 12.95

**Grilled Gulf Prawns** Happy Boy Farms mixed greens / asparagus / tomatoes / citrus vinaigrette 17.95

**Cup Soup and Salad Combo** choice soup and select: **Big Chop OR Caesar** 11.95

**Roasted Tomato Soup** shaved parmesan / light cream / asiago crostini / truffle oil 3.95 / 6.95

**N.E. Clam Chowder** tomares bay clams / fresh vegetables / thyme / grilled crostini 4.95 / 7.95



## GRILLED TACOS (2)

*La Tortilla factory* (Sonoma) grilled corn- wheat tortillas / citrus slaw  
*Happy Boy Farms of Watsonville* mixed organic greens

### Mary's Organic Chicken

Thigh meat/ sriracha / mixed cheeses 13.95

### Fresh Hawaiian Sushi Grade Ahi

"Poke Style" / green onions / avocado 16.95

## LOCAL FAVORITES

**Local Moco** Mindful Meats burger / brown rice / over easy Glaum Ranch egg / sriracha aioli / sauteed onions / brown beef gravy / nori 17.95

**NZ Ora King Salmon Risotto** roasted butternut squash risotto / grilled asparagus / parmesan 21.95

**Lemon- Curry Vegetable Stir Fry** local seasonal vegetables / brown rice 14.95

*add proteins to stir fry:* **Mary's Chicken** 5.95 / **Crispy Tofu** 2.95

## MINDFUL MEATS CHUCK - BRISKET BURGER

**Mindful Meats are raised locally / pastured / USA non-gmo verified / certified organic** 13.95  
butter lettuce / sliced tomato / green goddess / Sonoma Brinery butter pickles / mixed greens

*a la carte adds:* *swiss / cheddar / Pt Reyes bleu / Laura Chenel Goat Cheese / Hobb's bacon* 1.95 ea

## SANDWICHES

*choice of: Happy Boy Farms mixed greens OR house made Bianco Di Napoli tomato soup*

**Fresh Grilled Line Caught Ahi** seared rare / citrus slaw / wasabi aioli / brioche bun 16.95

**Smoked Coleman Ranch Pork Shoulder** Bragg's apple cider vinegar slaw / brioche bun 12.95

**Grilled Vegetarian** swiss / zucchini / caramelized onions / sun dried tomato aioli / ciabatta 11.95

**Local Hot Brown** Diestel turkey / swiss cheese / tomato / bacon / hollandaise / rustic bread 12.95

**Mary's Tuscan Chicken** swiss / squash / grilled onions / sun dried tomato aioli / ciabatta 12.95

**Turkey and Swiss** (open face) house roasted turkey / melted swiss / tomato / avocado 12.95

**Mindful Meats Meatball Sub** mozzarella / Bianco DiNapoli marinara / Kelly bakery ciabatta 12.95

**Santa Barbara Fish Co. Smoked Salmon** Kelly bakery grilled rustic bread  
*sides:* green goddess / cucumber / red onions / Glaum Ranch chopped- boiled egg / capers 14.95

**House Roasted Turkey Club** Hobbs bacon / lettuce / avocado / tomato / dijon aioli / ciabatta 14.95

**Hobbs Bacon BLT** bacon / lettuce / tomato / avocado / roasted garlic / dijon aioli / brioche 12.95

**Local Classic Grilled Cheese** 5 cheese blend / brioche 10.95 add bacon and tomato 3.

*Udi's GF bread available for substitution 1.5*

## LOCAL FAVORITES

**Diet Coke, Coke, Sprite, Iced Tea** 3.

4.

**House Squeezed Lemonade** 12 oz.

**Ruby Red Grapefruit Juice** 12 oz. 4.

4.

**Fresh Orange Juice** 12 oz.